

FALL 2024 NEWSLETTER



Neighborhood
Family Practice
COMMUNITY HEALTH CENTERS

We Are On A Mission



Dear Friends and Supporters,

As we look back on the past year, I am filled with hope and gratitude for the progress we have made at Neighborhood Family Practice (NFP). Your unwavering support has been crucial to our mission to expand access to essential health care for our community. Together, we can achieve even more.

Addressing Health Disparities with Hope

One of the most pressing issues we face is the disparity in health outcomes, especially among historically marginalized populations, such as racial and ethnic minorities, the LGBTQ+ community, and individuals navigating poverty. This reality is unacceptable, and it fuels our determination to expand access to high-value health care.

By growing our capacity to provide primary care and integrated behavioral health, midwifery, dental, HIV, podiatry, and pharmacy services, we can ensure that everyone receives the care they need when they need it.

A Bright Vision for the Future

Timely and affordable health care transforms lives. At Neighborhood Family Practice, we envision a future where everyone in our community has convenient access to affordable health care that is just a short walk or transit ride away. Achieving this vision requires collaboration and growth, and we are excited about the possibilities ahead.

Join Us in Creating Positive Change

I invite you to join this movement. Your support will make a meaningful difference, enhancing our ability to address the health disparities affecting our community and ensure that everyone receives the health care they deserve.

Thank you for your ongoing belief in our mission. Please do not hesitate to reach out if you have any questions or would like to discuss ways you can contribute.

With gratitude,

Domonic Hopson,
President and CEO

MISSION

A trusted partner
building healthy
communities by
providing high-value
health care for all.

VISION

Empowering
everyone on their
path to better health

VALUES

Inclusivity • Respect
Equity • Excellence
Innovation

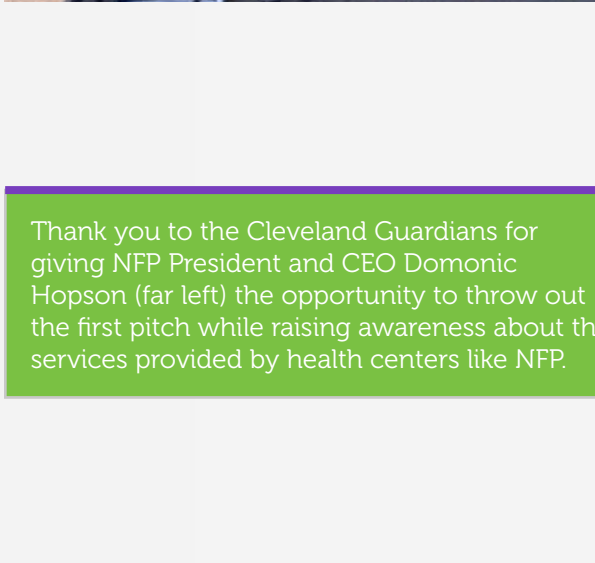
Donate today
by scanning
the QR code
or using the
enclosed
envelope.



NFP IN THE COMMUNITY



Neighborhood Family Practice participated with an information booth and float in the Cleveland Puerto Rican Parade and Cultural Festival.



Thank you to the Cleveland Guardians for giving NFP President and CEO Domonic Hopson (far left) the opportunity to throw out the first pitch while raising awareness about the services provided by health centers like NFP.



NFP President and CEO Domonic Hopson (right), NFP Board Member and Cleveland Commissioner of Public Health Frances Mills (middle, left), and Andrea Lyons, NFP Chief of Staff (left), met with Congresswoman Shontel Brown to discuss health disparities in Cleveland and the critical role of community health centers in Cleveland's health care landscape.

YOUR SUPPORT, OUR IMPACT

Access is Everything

Neighborhood Family Practice excels at the delivery of integrated health care services for over 22,000 individuals, regardless of insurance status, race, ethnicity, or preferred language.

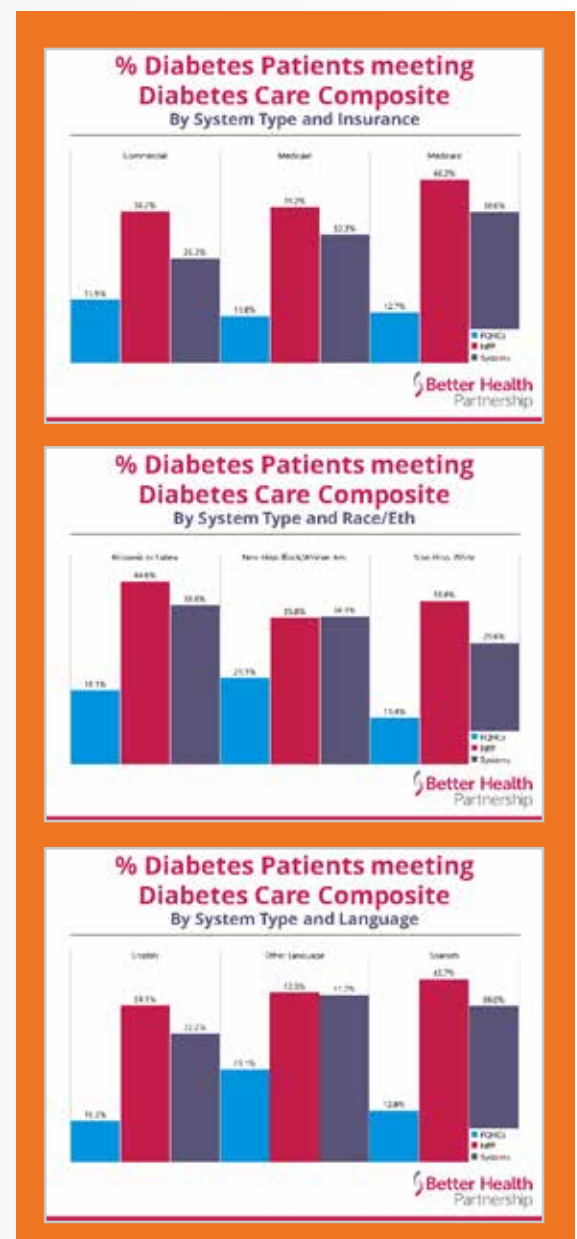
NFP is a community leader in the management of diabetes. The addition of clinical pharmacists to our care teams provides additional opportunity for patients to learn more about diabetes and their self-management plan including medication actions, dosage and timing, when and how to test blood glucose and how to use the data to make decisions.

Several reports show how NFP's efforts continue to close care gaps and improve health outcomes.

Better Health Partnership's Review of Cuyahoga County Health Indicators 2022 report benchmarked NFP scores against other federally qualified health centers (FQHC) in Cleveland and local hospital systems (Systems). NFP's outcomes were consistently higher than the other FQHCs in all categories and equal to, or higher than, Systems in continuity of care, diabetes and hypertension categories for patients with various insurance; Hispanic, Black, and White populations; and patients who spoke English, and other languages.

A recent chart review showed that patients who met with a clinical pharmacist saw an average A1C decrease of 2.3% over a 13-month period compared to a decrease of 0.5% for patients not working with a clinical pharmacist. In addition, 43% of patients achieved an A1C less than 7% - the recommended target included in the Standards of Diabetes Care 2024- compared to 22% of patients not seeing a clinical pharmacist.

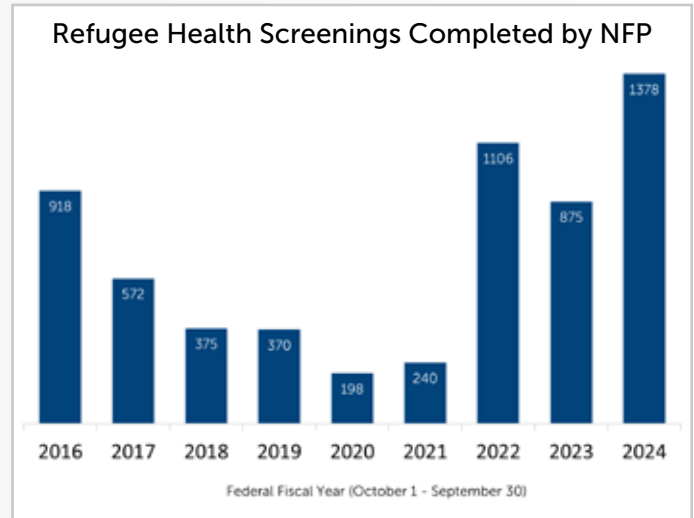
Each measure achieved is the result of removing barriers to make health care accessible, affordable, and understandable to all. This also reflects NFP's ability to engage and empower patients from all backgrounds in their health care.



CARE IN ACTION

Helping Newcomers Thrive

In the past 12 months, NFP provided required health screenings to 1,378 refugees resettled in Cuyahoga County – a record number for our organization. The top three countries of origin were Democratic Republic of the Congo, Syria, and Afghanistan; followed by individuals from Sudan, Central and South America. These screenings represent the entry point of NFP’s commitment to providing ongoing health care to newcomers in a culturally and linguistically appropriate manner, with the goal of helping them navigate a new home and a new health care system.



PHARMACY SERVICES

- With numerous pharmacies closing across Cleveland and Cuyahoga County at large, NFP is well positioned to respond.
- NFP opened our first pharmacy in January 2019 at NFP’s Ridge Community Health Center, followed by a second at NFP’s Puritas Community Health Center in June 2021. This year, NFP experienced a 24% increase in prescriptions filled over the prior year.
- Medication home delivery by vehicle was launched in July 2021, followed by mail delivery in May 2024. This past year, 3,328 total deliveries were made, representing a 43% increase over the prior year.
- Patients with incomes less than 200% of the federal poverty level are able to receive prescriptions at a significant discount, making medications affordable for everyone.



During this Season of Giving...

Your gift provides **hope** and **peace of mind, comfort** and **joy** to over 60% of NFP patients who are navigating poverty and others who are working hard to make ends meet.

\$25

provides transportation to help patients get to and from appointments.

\$50

provides interpretation services for 29% of NFP patients whose preferred language is not English.

\$100

provides behavioral health services for a patient living with depression or anxiety.

\$250

provides medical appointments for the management of chronic conditions.

\$500

provides comprehensive prenatal care, labor and delivery services for a pregnant patient.

A donation of any amount makes a difference!



To donate, please return the enclosed envelope, or go to nfpmedcenter.org/give or scan the QR code.

Thank you for supporting Summer in the City 2024!

On Thursday, August 22, NFP welcomed nearly 300 guests to Windows on the River for our annual Summer in the City fundraiser. The event raised \$187,580 to support the construction of our new W. 130th Community Health Center. We've made great strides in closing the funding gap on this \$2.86M project, with only \$197,947 left to raise. We're so close! Interested in making a donation to help us bridge this gap? Please scan any QR code in the newsletter or use the enclosed envelope. Thank you for your generosity!



About the North Coast Health Foundation

The North Coast Health Foundation is a nonprofit 501(c)(3) supporting organization of Neighborhood Family Practice. The Foundation works to raise awareness of Neighborhood Family Practice's mission and services and to foster philanthropic support from individuals and corporations for capital, interpretation and transportation services and other health center operating needs.



SAVE THE DATE!

Construction is in full swing!

Join NFP's President and CEO on **Thursday, December 5, anytime between 4 – 7 p.m.** for a tour of the W. 130th Community Health Center - 13027 Lorain Ave., Cleveland - and to learn more about the project. Registration not required. Contact **Gina Gavlak** at 216.928.1240 or ggavlak@nfpmedcenter.org for more information.